Heating Your Home

Why we care
Heating your home accounts for about 40% of your total household energy. To reduce that energy use and attendant fossil fuel emissions, consider the following steps.

Simple, positive steps

Weatherize your home first so you don’t lose heat.
- Check out the Weatherizing Your Home Eco-Tip.

Easy & Free Solutions
- The Oregon Department of Energy recommends that you set your thermostat to 68° during the day and 60° at night or when no one is home. Each degree you set your daily temperature back (for 8-10 hours), saves you about 2% on your heating bill.
- Cold? Warm socks, a blanket, a sweater, or microwave heating pad can be just enough to keep you toasty without turning up the heat.

Home Upgrades
- Consider replacing your older gas furnace with a high efficiency one (90-96%).
- If you heat with electricity, consider an air-source heat pump. It can cut the amount of electricity you use for heating by as much as 30-40%.

When Building or Remodeling
- Build a Passive House or an Energy Star home to minimize heating needs.
- A radiant-floor hydronic heating system is more efficient than baseboard or forced-air heating.
- A heat pump that extracts heat directly from the ground outside is very efficient.
- For incentive and rebate programs, visit Energy Trust of Oregon.
- Tax credits may be available for all of the upgrades mentioned here. Visit Oregon.gov.
- Enhabit.org guides homeowners through the process of choosing the right efficiency improvements for their homes, including financing options.

Questions or feedback? Contact Jeanne Roy at jeanne@earthleaders.org.